

Welcome!

ALL WHO COME TO WORSHIP GOD ARE ALWAYS WELCOME HERE.

This is Christ's Church and together we are seeking to love the world as the Beloved did. We also seek to be as embracing as Jesus was. Therefore, everyone is invited into full membership and ministry regardless of age, sexual orientation, race, ethnic origin, or worldly condition.

A SPECIAL WELCOME If you are visiting us for the first time today, or you are a returning visitor, we're glad you are here! **Please be sure to sign the pew register, where you will also find nametags.** We hope you'll use them so we can introduce ourselves and get to know you during Social Hour. **We use nametags too, so you can get to know us!**

Join us for Social Hour, downstairs in the Social Hall, following worship.

OUR CHURCH FAMILY PRAYER REQUESTS

For the entire MAPC Congregation to stay healthy, positive and strong. We will get through this and come out on the other side more connected than ever.

Jean Snyder Cancer with radiation treatment; Teegan Ernst; Judy Cunningham; Sandee Ernst; Margaret Standriff; John Wegener; Amy Grady; Norm & Judy Lindblad and family as Norm continues under care for Alzheimer's; Michael Harper; Pat Lefeld; Gwen Ramgobin; Brian Tansey; Seth Currier; Jan Gallagher; Bill Porter; Marlene Crabtree (Susan Ingmire's mother); Mary Ann Ignatius; Bill Rogers; Anita Taylor; Ellen Kobe (Lynn Hailey's niece); Abigail Gutjahr (Carolyn's Niece) undergoing chemo; Anne Steinert's sister-in-law, Rachel Smith-Steinert and Amanda Kuhn, whose mother is in hospice care; Jonathan Ross and family (Pat Timm's nephew); Steve Ingmire (Susan's brother); DJ Chalk (Dave's son); Peter E. Tuff (Pete's dad); Caz (Dave Chalk's grandson); George Rhodes (Judy Rhodes Father) for healing and comfort facing declining health; Jerry Edens. Mary Carol Melton for their grandson, John Thomas Melton who has been diagnosed with cancer.



M A P C BULLETIN BOARD



ART IN THE HALLS

Carl Ward, *Art in the Halls* Coordinator

January - March 2020 **Finding Kenyon Barr: Exploring Photographs of Cincinnati's Lost Lower West End** - Exhibit Curator Anne Delano Steinert.

COVID-19 Tips

And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

~ Kitty O'Meara

“Let’s reframe Social Distancing and call it Physical Distancing and Social Solidarity Movement. We need each other!” (Taken from an Instagram post from Resistance Revival Chorus)

- Take breaks from watching, reading, or listening to news stories, including social media.
- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling. *Friendship is not just cultural. It changes our health, our biology, and the trajectory of our lives.*
- Radical Gratitude – staying thankful even when things go haywire. 5 minutes of gratitude a day in times like this will help our souls stay steady. Jot down whatever comes to mind, set a timer for 5 minutes. Repeat Daily. Share with each other through text and facebook!
- Things that are not cancelled:
 - Love
 - Kindness
 - Compassion
 - Integrity
 - Grace
 - Love

Did You Know the Metropolitan Opera is streaming Opera performances this week!? My very first Opera as a little girl was Carmen, it’s what made me fall in love with the beauty and magnificence of the Opera. – Nori Muro

LENT EVENTS - Lent is here and we are exploring using a guide similar to the one we used for Advent, with the theme of "Wilderness." Lent begins in the wilderness, with temptation and struggle, but also with formation for life and ministry. Much of our lives can feel like wilderness, uncertain and chaotic, but there is no wilderness space too threatening for God's love. For Lent, we welcome you to this wilderness journey with several special events and activities:

Lenten Devotionals - Lenten Devotionals - If you didn't get a booklet of devotionals for your daily use but would like them, please contact Pastor Stacey.

Daily Reflection Prompts - Too busy for a full devotional? Follow our Facebook page for a single word or phrase each day to inspire your reflection and action.

Lenten Materials

Our devotionals, Facebook word prompts, pieces of our liturgies, and the overall thematic material for "Wilderness" come from the creative team at A Sanctified Art: Lisle Gwynn Garrity, Lauren Wright Pittman, Sarah Are, and Hannah Garrity.



JOIN TEAM IJPC in the Flying Pig 5k has been moved to October

Plenty of time to get ready for the new date! Getting outside will help boost spirits during this time of unease and uncertainty. Plan to join us in October as we walk with the IJPC team.

The **CLASSICS CLUB**, now in our tenth year, our winter session begins with Charles Dickens' captivating novel *Great Expectations*. This is a perfect time to be reading - even if the club isn't meeting in person!

OPEN STACKS BOOK CLUB – Date for Discussion TBD - The book that's up for discussion is **The Giver of Stars** by JoJo Moyes. Goodreads has the following to say: **The Giver of Stars** is a sweeping rural romance that tells a fictionalized account of the Kentucky Pack Horse Librarians. It is very much a book-club kind of book as it is inspired by a real group of librarians who between 1935 and 1943 delivered books to some of the most remote regions in the Appalachian Mountains. We will not only discuss the book but we'll also discover the history behind the real story, the Packhorse Librarian Project, complete with pictures.

April Birthdays

| | | | |
|----|---------------------|----|-----------------------|
| 6 | Janis Adams | 21 | Michael Adee |
| 7 | Judy Lindblad | 21 | Bill Stiver |
| 7 | Bill Muse | 22 | Elizabeth Marsh Singh |
| 8 | Elijah Marsh Horton | 26 | Patricia Boone |
| 11 | Molly Rebber | 28 | Seth Currier |
| 13 | Diane Smith | 29 | Kali Collins |
| 17 | Chris Miller | 30 | Julie Malkin |
| 21 | Van Ackerman | 30 | Dale Myers |
| 22 | Betsy Rebber | | |

April Anniversaries

11- Dale & Diane Myers
30- Susan Thomas & Jeff McElravy

MAPC CALENDAR

March 22-29

| Date | Time | Group/Purpose | Room |
|---|---------------------|-----------------------------------|--------------------------|
| Sunday March 22 4 Lent | 8:30 AM 11:00 AM | AA Worship | Geier Rm Zoom/FB Live |
| Tuesday March 24 | 9:30 AM 12:00 PM | Clergy Bible Study Bible Study | Zoom Zoom |
| Wednesday March 25 | 6:00 PM 7:00 PM | Joint Operations Group Session | Zoom Zoom |
| Sunday March 29 5 Lent | 8:30 AM 11:00 AM | AA Worship | Geier Rm Zoom/FB Live |

Office Hours will be shortened. If you need to get a hold of Pastor Stacey or Nori for any reason, you can call us, Stacey 518-533-8000 or Nori 513-382-6075.